

| | Danssal GRIPEN | | | Danssal POLLUX | | | Danssal CASTOR | | | Danssal VEGA | | |
|---------|----------------|-----------------------|-------------------------|----------------|------------------------------|-----------------|----------------|------------------------|----------------------------|---------------|------------------------|-----------------------|
| Måndag | Tid | Klass | Ledare | Tid | Klass | Ledare | Tid | Klass | Ledare | Tid | Klass | Ledare |
| | 16:00 - 16:45 | Barndans 4-5 år | Sandra & Elina L | 16:30 - 17:30 | Show -10 | Felicia & Agnes | 16:45 - 17:30 | Barndans 4-5 år | Elina & Filippa | 16:15 - 17:15 | Show -09 | Bea & Julia |
| | 16:45 - 17:30 | Mix it dance 6+ | Sandra & Ida E | 17:30 - 18:45 | Commercial -04 | Sandra | 17:30 - 18:15 | Mix it dance 6+ | Elina, Ebba & Isabelle | 17:30 - 18:30 | Commercial -05 | Ida E & Livia |
| | 18:30 - 19:45 | Commercial avancerad | Linda | 18:45 - 19:45 | Commercial -05 | Ida B | 18:30 - 19:45 | Jazz -02 | Nicole | 18:45 - 19:45 | Commercial Belly Dance | Elina L |
| | | | | 19:45 - 21:00 | Commercial avancerad | Linda | 19:45 - 21:00 | Lyrical jazz avancerad | Nicole | 19:45 - 21:00 | Commercial -04 | Ida B |
| Tisdag | Tid | Klass | Ledare | Tid | Klass | Ledare | Tid | Klass | Ledare | Tid | Klass | Ledare |
| | 17:30 - 18:45 | Street -02/-03 | Lucas | 17:30 - 18:30 | Break ca 10 år+ | Johan | 16:30 - 17:30 | Show -07 | Alice F | | | |
| | | | | 18:30 - 19:45 | Street avancerad | Johan | 17:30 - 18:45 | Jazz -04 | Sandra | | | |
| | | | | 19:45 - 21:00 | Street avancerad | Johan | 18:45 - 20:00 | Commercial -04 | Josefin & Vera | 18:45 - 19:45 | Show vuxen | Sandra & Elina L |
| | | | | | | | | | | 19:45 - 21:00 | Lyrical jazz -01 | Elina L |
| Onsdag | Tid | Klass | Ledare | Tid | Klass | Ledare | Tid | Klass | Ledare | Tid | Klass | Ledare |
| | | | | 13:30 - 14:30 | AF åk 6 | Elina L | | | | | | |
| | 16:00 - 16:45 | Barndans 4-5 år | Elina L, Ellen & Sigrid | 16:30 - 17:30 | Show -10 | Alba & Astrid | 16:30 - 17:30 | Show -06 | Elin | 16:30 - 17:30 | Show -10 | Ebba & Vilma |
| | 16:45 - 17:30 | Mix it dance 6+ | Elina L, Maja & Stina | 17:30 - 18:30 | Show -07/-08 | Alba | 17:30 - 18:30 | Show -09 | Astrid | 17:30 - 18:30 | Jazz -05 | Elin, Kajsa & Matilda |
| | | | | 18:30 - 19:45 | Commercial -02 | Nicole | 18:30 - 19:45 | Jazz avancerad | Sofie | 18:30 - 19:45 | Street -03 | Elina L |
| | | | | 19:45 - 21:15 | Jazzteknik forts/avancerad | Therese | 19:45 - 21:00 | Commercial avancerad | Sofie | 19:45 - 20:45 | Show vuxen | Elina L |
| Torsdag | Tid | Klass | Ledare | Tid | Klass | Ledare | Tid | Klass | Ledare | Tid | Klass | Ledare |
| | 16:00 - 17:00 | Balet 6-9 år | Isabelle | 17:15 - 18:30 | Jazz avancerad | Sofie | 16:30 - 17:30 | Show -06 | Alicia | 16:30 - 17:30 | Show -08 | Wilma & Johanna |
| | 17:00 - 18:00 | Balet 12 år+ | Isabelle | 18:30 - 19:45 | Lyrical Jazz avancerad | Sofie | 17:30 - 18:30 | Commercial -05 | Ellinore F | 17:30 - 18:30 | Show -06 | Frida |
| | | | | 19:45 - 21:00 | Commercial -03 | Sofie | 18:30 - 19:45 | Street avancerad | Johan | | | |
| | | | | | | | 19:45 - 21:00 | Street avancerad | Johan | | | |
| Söndag | Tid | Klass | Ledare | Tid | Klass | Ledare | Tid | Klass | Ledare | Tid | Klass | Ledare |
| | 13:00 - 14:00 | Street -09/-10 killar | Liam | | | | 10:00 - 10:45 | Barndans 4-5 år | Felicia, Zanna & Madeleine | 12:45 - 14:00 | Jazz -04 | Amanda & Judith |
| | 14:00 - 15:00 | Street -07/-08 | Liam | 14:00 - 15:00 | Show -07 | Amanda & Judith | 14:00 - 14:45 | Mix it dance 6+ | Elina N | 14:00 - 15:00 | Street forts 10-13 år | Alice F |
| | | | | 15:00 - 16:00 | Street forts 12+ | Liam | 14:45 - 15:45 | Show -10 | Elina N & Frida L | 15:00 - 16:00 | Show -07 | Alice F |
| | | | | 16:00 - 17:00 | Street -05 | Ellinore F | 16:00 - 17:00 | Street -07/-08 tjejer | Liam & Lucas | 16:00 - 17:00 | Show -08 | Rebecca |
| | | | | 17:00 - 18:15 | Street -03 | Ellinore F | 17:00 - 18:00 | Street forts 12+ | Lucas | 17:00 - 18:00 | Waacking/Vouge fusion | Liam |
| | | | | 18:15 - 19:15 | Dancehall/Afro nyb/forts 12+ | Kimberley | 18:00 - 19:15 | | | 18:00 - 19:15 | Commercial -03 | Amanda |
| | | | | 19:15 - 20:30 | Dancehall/Afro avancerad 12+ | Kimberley | 19:15 - 20:30 | Commercial avancerad | Amanda | 19:15 - 20:30 | Commercial avancerad | Ida B |